

BASICS OF PSYCHOLOGY

THEORY	50 MARKS
PRACTICAL	50 MARKS

COURSE OBJECTIVES:

- To understand Human behavior at different stages.
- To create self-development and positive behavior.
- To develop an ethical approach to counseling.

UNIT I – COUNSELING

History – Current Trends in Counseling – Nature of a Counselor’s work – Job Outlook & Growth Prospects.

UNIT II – DEVELOPING BASIC COUNSELING SKILLS

Basic Counseling skills – The helping and healing side of counseling. Measurement in guidance.

Multimodal Counselling: Introduction – Assumptions – Acquisition – Maintenance – Practice

UNIT III NEED FOR PSYCHOLOGICAL TESTS AND USES OF TESTS:

Characteristics of a Good Psychological Test – Different types of test – Intelligence tests and their interpretation – Achievement and Aptitude Tests – Personality inventories - Interest inventories – projective Techniques – Testing Procedure – Scoring – Recording – Reporting Test Interpretations in Counselling – Limitations of Psychological Tests.

UNIT IV – LEGAL AND ETHICAL ISSUES:

Confidentiality and professional Ethics in Counseling – Issues in School Counselling – Issues in Community Counseling.

COUNSELING FORMATS: Individual counseling, Group Counseling, Student counselling, career counselling, and the role of counselling in the workplace. Violence in the workplace today.

Rational Emotive Behaviour counselling and cognitive counselling: Assumptions – acquisition – Maintenance – Practice: cognitive models.

UNIT V: Presentations on various tests used in counseling- Projective techniques- Intelligence tests- Interest Inventories – Achievement and Aptitude tests

Reference

1. Woodworth, R.S. and scholesberg (1972) Experimental psychology. Holt, Rainehart& Winston.
2. A. Anastasi& Susana Urbina(2004) 7th Edition. Psychological Testing, Pearson education Inc., New Delthi.
3. Cronbach, L.J.Essentials of Psychological Testing.
4. Parameswaran&Ravichandra (2003) Experimental psychology. Neel kamal publications.

WEBSITE:

www.kcl.ac.uk/psychology-masters

www.youcansulting.co.uk/

GURU NANAK COLLEGE (AUTONOMOUS)

CERTIFICATE COURSE 2016-17

BASICS OF PSYCHOLOGY

S.no	Department	Roll No.	Name
1	B.com general	60723	VASUNDARA
2	B.com general	60719	POONAM
3	B.com general	70712	THENMATHY
4	B.com general	70726	B.ADITHIAN
5	B.Com MM	81906	S. GANESH
6	B.Com A & F	70658	M. BHARATH KUMAR
7	BBA	80212	POOJA
8	BBA	80213	UPANI
9	BBA	80214	AJAY
10	BBA	80267	ANURAG MISHRA
11	BCA	80509	A ARUN
12	BCA	80510	S. RISHIKUMAR
13	B.Com Honors	71106	SRIVATS BALAJI
14	B.Com Honors	81216	DINESH M
15	B.Com Corporate secretaryship	71065	MANISHA.B
16	B.Com Corporate secretaryship	71045	SHABANA.E
17	B.Com Corporate secretaryship	81142	VAISHNAVEE.S
18	B.Com Corporate secretaryship	81141	PRERNA SHARMA
19	B.Com Corporate secretaryship	81156	KOMAL SAUGWAMI
20	B.Com Corporate secretaryship	81154	AMARNATH.M
21	B.Com Corporate secretaryship	81160	RAMYA.P

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CERTIFICATE COURSE FOR THE YEAR 2017-2018

PSYCHOLOGY

SL.NO	ROLL.NO	DEPARTMENT	STUDENT NAME
1	10655	B.COM(A&F)	AAKASH.C
2	10612	B.COM(A&F)	DIWAKAR.A
3	11318	B.COM(B.M)	HARSH CHAWLA
4	11302	B.COM(B.M)	SUDHARSAN
5	10252	BCA	VISHNU.S
6	10438	BCA	SRIDHARAN.N
7	11127	B.COM(HONS)	RANJIT ROSHAN
8	71240	BSC (C.S)	S.ARTHY