

WOMEN
DEVELOPMENT CELL

GURU SAKTHI

INSTITUTION OF PENN'S UDAYAL PADAI

REPORT

29 April
2022



Guru Nanak
College
(Autonomous)

Objectives:

- To motivate the Girl Students to face the challenges of life with added confidence
- To enable them to excel in Self Defence Techniques
- To instill in them the necessary qualities to lead a safe and contented life
- To help the society to inculcate human values

Women Development Cell (WDC) – **GURU SHAKTI** of Guru Nanak College (Autonomous) Velachery, Chennai organized the institution of **PENN's Udayal Padai** on 29th of April 2022 at Shaheed Baba Deep Singh Auditorium. *Thiru. V.S. Sridhar, Founder, Managing Trustee-PENN and Thiru. V. Sriram Sharma, Co-Founder, & Executive Trustee-PENN Mentor – PENN's Udayal Padai* were the Chief Guests of the Programme. This Mega Event of WDC was organized, to educate and empower the Women Students of the College to face the challenges of their future, confidently. The concept of these training sessions is to rediscover the 18th Century Women's Self Defence techniques to the modern girls at present, which was designed by Thiru. V. Sriram Sharma, who has done an elaborate research on Queen Velu Nachiyar.

The Management has come out with a great initiative of signing the **MOU with PENN Trust** for the benefit of the Women Students of Guru Nanak College. As per the Memorandum PENN will run a Centre which will serve as a Nodal Unit in the campus for facilitating awareness activities for Women and Child safety.

We are proud to say that our institution is a forerunner in initiating Guru Nanak Penn's Udayal Padai which aims at:

- Imparting a Holistic (Physical, Tactical, Psychological & Cyber Safety) Self Defence to Girl Students through PENN's Udayal Padai
- To conduct an Awareness Workshop on Cyber Security
- To create an Awareness through Culture - Eg., V. Sriram Sharma's Velu Nachiyar Musical Play - to communicate respect for Women & Collaborate Success of both the Genders.
- Awareness creation of "Respect for Female" - "Community Bonding for Prevention of Sexual abuse" through innovative and modes of entertainment involving Students.
- Influence attitudinal change in students, primarily male, towards Gender Equality through Education Inclusion of new studies in syllabus in Education, co designed along with GNC and as per Standards.

The Title of this Training Camp **PENN's Udayal Padai** badges its name from the adopted daughter of **Queen Velu Nachiyar, Udaiyaal**, who gave her life detonating a British arsenal. The Queen built up a Woman's Army and named it '**Udaiyaal**' after her adopted daughter.

The Programme started with the lighting of lamp by the dignitaries who were presented on the dais followed by Tamil Thai Vazthu and College Prayer. Then the Welcome Address was delivered by the Principal, Dr. M.G. Rangunathan. In his address he appreciated the unique initiatives taken by the WDC Coordinators from both the Shifts to promote the name and fame of the institution socially and globally. Dr. K. Uma Devi, Coordinator (Shift-I), WDC highlighted the importance of introducing the Training Camp of **Penn's Udayal Padai**, a special programme organized for the Girl Students of the institution. She explained about the schedule of the training sessions which will be carried out with the support of PENN Trust. Dr. S. Savithri, Dean Academics, introduced Thiru. V.S. Sridhar, Founder, Managing Trustee-PENN, to the august gathering. In his special address Thiru V.S. Sridhar greatly appreciated the magnanimous Management of Guru Nanak Educational Society for encouraging such inventiveness.

Ms. M.L. Mayalekshmi Pillai, Coordinator (Shift-II), WDC introduced Thiru. V. Sriram Sharma, Co-Founder, & Executive Trustee- PENN Mentor – PENN's Udayal Padai to the audience. Thiru Sriram Sharma is a veteran who has dedicated his two decades in the research of Queen Velu Nachiyar. He was very much overwhelmed with the enthusiasm shown by the Management, Principal, Faculty and the Students of GNC to take up such a responsible task, within a short span of time. He gave an assurance that after the completion of the training sessions the students will be equipped with renewed talents, tactics, temperaments and techniques to transform and safeguard their own life. With the rejuvenated Skill Sets they can not only boost their self-confidence but also they can spread positivity and can protect the marginalized sections of the society.

The Advisor of Guru Nanak Educational Society, Dr. Marline Morais delivered a special address. Madam encouraged the Girl Students to be bold enough to compete with others in all walks of life. She also appreciated the WDC TEAM for this noble venture. Vote of Thanks was delivered by Dr. N.C. Rajashree, the Vice –Principal (Shift-II). In her address she thanked all the genuine hearts behind the success of the Gala Event. She also motivated the students to take up the task with real zeal and commitment. The Programme came to an end with the National Anthem.

Outcome:

- The Girl Students who were participated in the Programme got the insight to overcome their inhibitions
- An opportunity was provided to them to know their latent talents

No. of Beneficiaries: 850

INSTITUTION OF PENN'S UDAYAL PADAI

