



# Guru Nanak College (Autonomous)


(Affiliated to University of Madras & Re-Accredited At "A" Grade by NAAC)  
No. 161, Guru Nanak Salai, Velachery, Chennai - 600042, Tamil Nadu  
Website: [www.gurunanakcollege.edu.in](http://www.gurunanakcollege.edu.in)

3.6.3 Number of extension and outreach programs conducted by the institution including those through NSS/NCC, Government and Government recognised bodies during the last five years

Supporting Documents

Extension Activities in the  
Neighborhood Community - Reports

|| 2019-20 ||

	<b>GURU NANAK COLLEGE (AUTONOMOUS)</b> Affiliated to the University of Madras Accredited by NAAC at "A" Grade. ISO Certified (9001 - 2015) Guru Nanak Salai, Velachery, Chennai - 600 042.
<b>CERTIFIED DOCUMENTS</b>	
METRIC NO. : ..... 3.6.3 .....	
PAGE NO. : ..... 1 ..... TO ..... 139 .....	
 <b>PRINCIPAL</b>	

### Extension and Outreach Programmes Organised By Extension Services 2019-20

S.NO	TITLE OF THE ACTIVITIES	PAGE NO.
<b>NATIONAL SERVICE SCHEME (NSS)</b>		
1.	INTERNATIONAL YOGA DAY CELEBRATION	1
2.	DENTAL CAMP	4
3.	FIRST AID & DISASTER MANAGEMENT TRAINING	6
4.	NSS – ORIENTATION PROGRAMME	9
5.	CHILD ABUSE PREVENTION AWARENESS RALLY	11
6.	SEMINAR ABOUT DISASTER MANAGEMENT	13
7.	SEMINAR ABOUT DISASTER MANAGEMENT - CHENNAI HARBOUR	15
8.	SWACHH BHARAT - CLEANING OF RIVER BANK	17
9.	SWACHH BHARAT - CLEANING OF TEMPLE POND	19
10.	SWACHHTA PAKHWARA –CAMPUS CLEANING	22
11.	SWACHHTA PAKHWARA – PAMPHLET ISSUING, VISIT TO OLD AGE HOME	26
12.	HELMET USAGE & SAFE DRIVING AWARENESS	29
13.	SWACHHTA PAKHWARA - CLEANING OF OLD AGE HOME	32
14.	SWACHHTA PAKHWARA - CLEANING OF BUS STAND	35
15.	YUVASAKTHI - EXPRESS YOURSELF	38
16.	SWACHHTA PAKHWARA - CAMPUS CLEANING	41
17.	SWACHHTA PAKHWARA RAILWAY STATION CLEANING	44
18.	INDEPENDENCE DAY CELEBRATION	45
19.	SWACHH BHARAT - AWARENESS RALLY	48
20.	FIT INDIA MOVEMENT LIVE TELECAST	50
21.	CALL OF CAUVERY - MASS HUMAN CHAIN	54
22.	NUTRITION - SEMINAR CUM EXHIBITION	58
<b>NATIONAL CADET CORPS (NCC)</b>		
23.	CAUVERY AWARENESS	63
24.	SEED BALL MAKING ACTIVITY	65
25.	AWARENESS ON FIT INDIA TO SCHOOL CHILDREN	68
26.	KEEP THE CITY GREEN AND CLEAN	71

27.	BLOOD DONATION CAMP	74
28.	LIBRARY CLEANING ACTIVITY	77
29.	ENVIRONMENT SAFETY	80
	<b>WOMEN STUDENTS' FORUM</b>	
30.	ORIENTATION FOR FRESHERS, TALK ON-LEGAL RIGHTS	83
31.	INAUGURAL FUNCTION OF WSF (SHIFT-II)	87
32.	“AWARENESS PROGRAM ON ADOLESCENT HEALTH PROBLEMS”	89
33.	AWARENESS OF “KAVALAN APP”	93
34.	INAUGURATION OF SCALE UP WOMEN PROGRAMME FOR 1000+WOMEN TO START / SCALE UP BUSINESS	95
35.	INTERNATIONAL WOMEN’S DAY	99
	<b>YOUTH RED CROSS (YRC)</b>	
36.	NATIONAL LEVEL E-QUIZ	105
37.	INVESTITURE CEREMONY OF EXTENSION ACTIVITIES	107
	<b>ENVIRO CLUB</b>	
38.	VALEDICTORY FUNCTION OF ENVIRO CLUB	109
39.	COMMUNI TREE: “THE NORTH CHENNAI’S FIRST MAN MADE MICROFOREST”	111
40.	WE WANT SINGARA CHENNAI AND NOT STINKARA CHENNAI	115
41.	GO GREEN INITIATIVE - TREE PLANTATION	116
42.	SEED BALL PREPARATION – SEED FOR YOUR FUTURE	119
43.	CAMPAIGN ON VELACHERY LAKE AND WATER BODIES CLEANING	123
44.	CAMPUS CLEANING CAMPAIGN	127
	<b>CITIZEN CONSUMER CLUB (CCC)</b>	
45.	COOKING WITHOUT FIRE	130
46.	STATE LEVEL ORATORICAL COMPETITION	132
47.	ESSAY WRITING	134
48.	CREATION OF WEALTH FROM WASTE	135
49.	AWARENESS PROGRAM ON AGMARK QUALITY CERTIFICATION	137



# **GURU NANAK COLLEGE(AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**



## **EXTENSION ACTIVITIES REPORT**

**2019 - 2020**





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

2019-2020

NAME OF THE EVENT	INTERNATIONAL YOGA DAY CELEBRATION
DATE OF THE EVENT	21.06.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
IN ASSOCIATION WITH	ISHA YOGA CENTER
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	50

### REPORT

National Service Scheme (NSS) organized Yoga Practice session on June 21, 2019 to celebrate “**International Yoga Day - 2019**” in association with Isha Yoga Center. Our Principal, Dr. M. G. Ragunathan, inaugurated the programme at Guru Teg Bhadur Auditorium, along with Isha Yoga Center Trainers Mr.Ganesh, Mr. Nagappan, Mrs.Neela and Miss. Soorya.

50 NSS Volunteers participated and benefited by the yoga session. Yoga instructors explained the importance of various Yogasanas and they demonstrated the asanas. They stressed the importance of yoga in our day to day life and explained how yoga offers holistic rejuvenation of body, mind and soul. This motivated the students to practice yoga and to maintain good health.

**Students Participaing In International Yoga Day - 2019 Conducted By NSS In Association With Isha Yoga Center**



**Principal And NSS Programme Officers At International Yoga Day - 2019 Conducted By NSS In Association With Isha Yoga Center**



**Students Performing Yoga At International Yoga Day - 2019 Conducted By NSS In Association With Isha Yoga Center**





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

<b>NAME OF THE EVENT</b>	<b>DENTAL CAMP</b>
<b>DATE OF THE EVENT</b>	<b>04.07.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>IN ASSOCIATION WITH</b>	<b>THE DENTIST ASSOCIATION</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE</b>
<b>NO. OF PARTICIPANTS</b>	<b>500</b>

### Report:

The NSS of Guru Nanak College organized a Dental camp on 04-07-2019 in collaboration with The Dentist Association. The doctor team which included Dr. Sabana Fathima (dental surgeon), Dr. Selvi (Senior Dentist & Orthodontist) from The Dentist association, conducted dental tests for 500 people. The Dentists team explained the causes and prevention of diseases related to teeth. They gave suitable medical advice and assistance to the people. Principal, Dr. M.G. Ragunathan inaugurated the function and it was supervised by our NSS Programme Officers.



**Doctors from The Dentist Association checking public at Dental camp organized by NSS of Guru in collaboration with The Dentist Association**



**Principal Dr. M.G. Ragunathan at Dental Camp Organised by NSS in association with The Dentist Association**



**Public at Dental camp organized by NSS of Guru in collaboration with**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	FIRST AID & DISASTER MANAGEMENT TRAINING
DATE OF THE EVENT	12.07.2019 - 14.07.2019 (THREE DAYS)
ORGANIZED BY	THE INDIAN RED CROSS SOCIETY
PLACE OF THE EVENT	SINGARA PILLAI SCHOOL, VILLIVAKKAM
NO. OF PARTICIPANTS	30

### REPORT

The Indian Red Cross society conducted a camp on Disaster management and First aid. 30 volunteers of Guru Nanak College NSS unit participated in the training camp to improve the social emergency responses of the younger generation. The camp was held at Singara Pillai School situated at Villivakkam from 12.07.2019 to 14.07.2019. NSS Volunteers from many of the colleges participated in the camp. The volunteers were taught about the kind of disasters, measures to be taken before and after a disaster, precocious measures during a disaster and the practical approach during a disaster. Making of temporary staying tents and camps, procedures to be followed during a disaster were practically demonstrated.

The volunteers were also given training to render first aid for affected or infected person, methods to follow during an accident, basic treatments to be offered to cure the pain and the procedures to be followed in this regard. They also explained about the accident and disaster statistics, things to be kept in a first aid box.

The motto was to serve people, in this aspect this camp was very much helpful and informative.

## First Aid & Disaster Management Training At Singara Pillai School, Villivakkam



## Tent Pichting Tarining being given to NSS volunteers



## Disaster Management Procedure Being Explained During First Aid & Disaster Management Training At Singara Pillai School, Villivakkam





**Tent Pitched at First Aid & Disaster Management Training**



**Disaster Management Procedure Being Explained**



**NSS programme Officers and NSS Volunteers at First Aid & Disaster Management Training At Singara Pillai School, Villivakkam**



**NSS programme Officers and NSS Volunteers with certificates at First Aid & Disaster Management Training At Singara Pillai School, Villivakkam**





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>NSS – ORIENTATION PROGRAMME</b>
<b>DATE OF THE EVENT</b>	<b>31.07.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE (Autonomous)</b>
<b>NO. OF PARTICIPANTS</b>	<b>500</b>

### **REPORT**

The orientation programme for the 2019 - 2020 admitted students was conducted on 31<sup>st</sup> July, 2019. Dr. M.G. Ragunathan, Principal, Guru Nanak College, inaugurated the programme. NSS Programme Officers discussed the impact of NSS volunteers to the society through the services to be rendered. Senior NSS volunteers organized various events to motivate and inspire the freshers.



**Principal Dr. M.G. Ragnathan, NSS Programme Officers At NSS Orientation Programme**



**Students and NSS Volunteers at NSS Orientation Programme**



**Mime Show at NSS Orientation Programme**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

<b>NAME OF THE EVENT</b>	<b>CHILD ABUSE PREVENTION AWARENESS RALLY</b>
<b>DATE OF THE EVENT</b>	<b>03.08.2019</b>
<b>ORGANIZED BY</b>	<b>UNIVERSITY OF MADRAS DEPARTMENT OF POLICE, TAMIL NADU</b>
<b>PLACE OF THE EVENT</b>	<b>BESANT NAGAR</b>
<b>NO. OF PARTICIPANTS</b>	<b>100</b>

### **REPORT**

Our NSS Programme Officers and NSS Volunteers participated in the child abuse rally on 3<sup>rd</sup> August, 2019, which was organized by the University of Madras; IRCS with Tamil Nadu Police. The chief guest of the function was ADGP Abhai kumar, Deepa (SP). They gave valuable speech & created awareness among people about Child Abuse and how to prevent it. This rally was initially started at Besant Nagar.

**NSS Volunteers and Programme Officers at Child Abuse Prevention and Awareness Rally conducted by University Of Madras and Department Of Police, Tamil Nadu**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

<b>NAME OF THE EVENT</b>	SEMINAR ABOUT DISASTER MANAGEMENT
<b>DATE OF THE EVENT</b>	02.08.2019
<b>ORGANIZED BY</b>	NATIONAL DISASTER MANAGEMENT ASSEMBLY (NDMA), NATIONAL DISASTER RESPONSE FORCE (NDRF) GOVERNMENT OF TAMIL NADU
<b>PLACE OF THE EVENT</b>	KALAIVANAR ARANGAM
<b>NO. OF PARTICIPANTS</b>	30

### **REPORT**

The NSS unit of Guru Nanak College participated in the seminar about disaster management. This was organized by the Tamil Nadu Government. NSS Unit took part in the seminar on capabilities of services, Structure of National Disaster Management Assembly (NDMA) and Capabilities of National Disaster Response Force (NDRF).



**Nss Unit Of Guru Nanak College At Seminar About Disaster Management Conducted By NDMA, NDRF And Government Of Tamil Nadu at Kalaivanar Arangam**



**Seminar About Disaster Management Conducted By NDMA, NDRF And Government Of Tamil Nadu at Kalaivanar Arangam**





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SEMINAR ABOUT DISASTER MANAGEMENT- CHENNAI HARBOUR</b>
<b>DATE OF THE EVENT</b>	<b>02.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL DISASTER MANAGEMENT ASSEMBLY (NDMA) NATIONAL DISASTER RESPONSE FORCE (NDRF) GOVERNMENT OF TAMIL NADU</b>
<b>PLACE OF THE EVENT</b>	<b>CHENNAI HARBOUR</b>
<b>NO. OF PARTICIPANTS</b>	<b>30</b>

### **REPORT**

The NSS volunteers of Guru Nanak College participated in the Exhibition & Demo on Disaster Management which was held at Chennai Harbour. They taught about the disaster management practices. 30 NSS volunteers participated in the event.



**Seminar About Disaster Management Conducted By NDMA, NDRF And Government Of Tamil Nadu  
at Chennai Harbour**



**NSS Volunteers at Seminar About Disaster Management Conducted By NDMA, NDRF And  
Government Of Tamil Nadu at Chennai Harbour**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	SWACHH BHARAT - CLEANING OF RIVER BANK
DATE OF THE EVENT	13.07.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	100

### REPORT

The Velachery river was fully covered with thorny plants (Seemai karuvelam) and unwanted wastages. Due to these, there existed mosquitoes related outbreaks and pollution. Our NSS Volunteers were divided into Four groups and all were given protective gloves and equipments for cleaning. All the wastes were gathered and disposed properly. Our service was well appreciated by the localites.

Temple pond too was partially covered with thorny plants (seemai karuvelam) and garbage. All the wastes were gathered and disposed properly. NSS service was well appreciated by the localites and members of temple.



**NSS Volunteers Cleaning Velachery River Bank And Temple Pond At Velachery During The Swachh Bharat Camp**



**NSS Volunteers at The Swachh Bharat Camp in Velachery**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	SWACHH BHARAT - CLEANING OF TEMPLE POND
DATE OF THE EVENT	13.07.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
PLACE OF THE EVENT	GANGAI AMMAN KOVIL, VELACHERY
NO. OF PARTICIPANTS	100

### REPORT

NSS unit of Guru Nanak College under the supervision of our program officers cleaned the surroundings areas of the college. Gangai Amman Temple Pond at Velachery was cleaned. The temple pond was partially covered with thorny plants (seemai karuvelam) and garbage. Due to these, there was a danger of mosquitoes. NSS Volunteers were divided into (Four) groups and successfully cleaned the pond. NSS Volunteers were given protective gloves and equipments for cleaning. All the wastes were gathered and disposed properly. Service was well appreciated by the localites and members of temple.

**NSS Volunteers Cleaning Gangai Amman Temple Pond During Swachh Bharat - Cleaning Of Temple Pond Camp**



**NSS Volunteers at Gangai Amman Temple During Swachh Bharat - Cleaning Of Temple Pond Camp**





**NSS Volunteers Cleaning The Steep Slope of Gangai Amman Temple Pond During Swachh Bharat - Cleaning Of Temple Pond Camp**







# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SWACHHTA PAKHWARA –CAMPUS CLEANING</b>
<b>DATE OF THE EVENT</b>	<b>06.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE</b>
<b>NO. OF PARTICIPANTS</b>	<b>200</b>

### **REPORT**

Our Guru Nanak College NSS volunteers devoted one day for cleaning our college campus. Our volunteers were grouped as 8 team (25 volunteers in each team). Each team cleaned the playgrounds, lawns and roads. They actively cleaned our college surroundings and in the process learned how to recycle the wastage.

**NSS Volunteers And Programme Officers During The Swachhta Pakhwara –Campus Cleaning**





## The Swachhta Pakhwara –Campus Cleaning Results

**BEFORE**



**AFTER**





### NSS Volunteers During The Swachhta Pakhwara –Campus Cleaning





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SWACHHTA PAKHWARA – PHAMLET ISSUING, VISIT TO OLD AGE HOME</b>
<b>DATE OF THE EVENT</b>	<b>07.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>OLD AGE HOME, NANMANGALAM</b>
<b>NO. OF PARTICIPANTS</b>	<b>30</b>

### **REPORT**

NSS volunteers and Programme Officers issued pamphlets regarding cleanliness around Nanmangalam area and they also visited old age home. The event served as a guide for NSS volunteers to learn how to disseminate information to public, educate them and make them aware about the importance of cleaning and good sanitation.



**Swachhta Pakhwara – NSS Volunteers Distributing Pamphlets Regarding Cleanliness  
Around Nanmangalam Area**





## Swachhta Pakhwara – NSS Volunteers Distributing Pamphlets Regarding Cleanliness Around Nanmangalam Area





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>HELMET USAGE &amp; SAFE DRIVING AWARENESS</b>
<b>DATE OF THE EVENT</b>	<b>07.08.2019 - 08.09.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>IN ASSOCIATION WITH</b>	<b>GREATER CHENNAI TRAFFIC POLICE</b>
<b>PLACE OF THE EVENT</b>	<b>RAJAJI RD, NEAR SECRETARIAT OFFICE</b>
<b>NO. OF PARTICIPANTS</b>	<b>15</b>

### **REPORT**

The NSS Unit of Guru Nanak College participated in the Traffic awareness program with the Chennai Police Officers. The NSS Students created awareness among public about Safe driving and Helmet wearing with the help of the Police officers.



**NSS Volunteers Along With Traffic Police Creating Awareness About Helmet Usage & Safe Driving Awareness At Rajaji Rd, Near Secretariat Office**



**NSS Volunteers Along With Traffic Police Creating Awareness About Helmet Usage & Safe Driving Awareness At Rajaji Rd, Near Secretariat Office**





**NSS Volunteers Examining The Traffic Challan Machine During Helmet Usage & Safe Driving  
Awareness At Rajaji Rd, Near Secretariat Office**





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SWACHHTA PAKHWARA - CLEANING OF OLD AGE HOME</b>
<b>DATE OF THE EVENT</b>	<b>08.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>OLD AGE HOME, NANMANGALAM</b>
<b>NO. OF PARTICIPANTS</b>	<b>200</b>

### **REPORT**

Our NSS volunteers cleaned the adopted village of Nanmangalam and visited old age home. NSS Units devoted their energy for intensive cleaning of the adopted villages. They made efforts to involve local people to make them understand the dignity of labour and develop a habit of keeping their surroundings clean. The village is located in semi-urban belt of kanchipuram district. Door to door campaign was conducted to spread awareness on clean India. The campaign was aimed at spreading information and awareness on cleanliness and sanitation. The camp helped our volunteers to learn the methods to spread information to public, educate them and make aware them of the importance of cleaning and good sanitation.



**NSS Volunteers during the Swachhta Pakhwara - Cleaning Of Old Age Home at Nanmangalam Village**





**NSS Volunteers During The Swachhta Pakhwara - Cleaning Of Temple Near The Old Age Home At Nanmangalam Village**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	SWACHHTA PAKHWARA - CLEANING OF BUS STAND
DATE OF THE EVENT	09.08.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
PLACE OF THE EVENT	GURU NANAK COLLEGE BUS STAND
NO. OF PARTICIPANTS	50

### REPORT

Our Guru Nanak college NSS volunteers devoted one day for cleaning the bus stand. Two teams cleaned Platforms and roads. They actively cleaned our surroundings; they learn how to recycle the wastage.

**NSS Volunteers Cleaning Of Areas Surrounding The Bus Stand During The Swachhta Pakhwara Camp At Velachery**



**NSS Volunteers Cleaning Of Areas Surrounding The Bus Stand During The Swachhta Pakhwara Camp At Velachery**





**NSS Volunteers Cleaning Roads Surrounding The Bus Stand During The Swachhta  
Pakhwara Camp At Velachery**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	YUVASAKTHI - EXPRESS YOURSELF
DATE OF THE EVENT	09.08.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	100

### REPORT

This programme was intended to give opportunity to the students to exhibit their talents in speech, poetry, dance and other events.



**NSS Volunteers At Yuvasakthi Exhibiting Their Talents In Speech, Poetry, Dance And Other Events.**



**Rapt Audience At Yuvasakthi Events**



### **Rapt Audience At Yuvasakthi Events.**



**NSS Programme Officers Address the Audience During the Yuvasakthi - Express Yourself Event**





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SWACHHTA PAKHWARA - CAMPUS CLEANING</b>
<b>DATE OF THE EVENT</b>	<b>13.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE (Autonomous)</b>
<b>NO. OF PARTICIPANTS</b>	<b>100</b>

### **REPORT**

Our Guru Nanak college NSS volunteers devoted one day for cleaning our college campus. Volunteers were grouped as 8 teams. Each team cleaned the playgrounds, lawns and roads. They actively cleaned the college surroundings and gained appreciation of students and staff.

**NSS Volunteers Removing Excess Grass in The Guru Nanak College Campus During The Swachhta Pakhwara - Campus Cleaning Event**



**NSS Volunteers Removing Organic Waste in The Guru Nanak College Campus During The Swachhta Pakhwara - Campus Cleaning Event**





**NSS Volunteers During The Swachhta Pakhwara - Campus Cleaning Event**



**NSS Volunteers During The Swachhta Pakhwara - Campus Cleaning Event**





# **GURU NANAK COLLEGE(AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>SWACHHTA PAKHWARA RAILWAY STATION CLEANING</b>
<b>DATE OF THE EVENT</b>	<b>14.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE (Autonomous)</b>
<b>NO. OF PARTICIPANTS</b>	<b>100</b>

### **REPORT**

Our NSS volunteers extended their service in cleaning of the Velachery Railway station as part of Swachhta Pakhwara Clean India campaign. The cleaning programme was well appreciated by the public, railway staff and police department.





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>INDEPENDENCE DAY CELEBRATION</b>
<b>DATE OF THE EVENT</b>	<b>15.08.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE (Autonomous)</b>
<b>NO. OF PARTICIPANTS</b>	<b>400</b>

### **REPORT**

The Independence Day of the year 2019 was celebrated with the whole family of Guru Nanak College. The NSS, NCC, faculty members, students and non-teaching faculty all assembled in the morning. Principal, Dr. M.G. Ragunathan, hoisted the National flag and delivered the Independence Day address, packed with powerful thoughts of patriotism. Our NSS volunteers performed several cultural programmes. The day was filled with lot of entertainment and enthusiasm.

## Students And Dignitaries At Independence Day Celebration





## NSS Volunteers Performing Cultural Activities At Independence Day Celebration





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	SWACHH BHARAT - AWARENESS RALLY
DATE OF THE EVENT	19.08.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
PLACE OF THE EVENT	VEACHERY MAIN ROAD
NO. OF PARTICIPANTS	100

### REPORT

NSS organized a rally with 100 NSS Volunteers. Placards were used with effective slogans to create cleanliness awareness. Our volunteers explained to people about the importance of cleanliness, hygiene and proper means to clear the local garbage. Our rally proceeded under the supervision of our NSS programme officers. We ended our rally in our college entrance.



## NSS Volunteers At Swachh Bharat - Awareness Rally



## NSS Volunteers At Swachh Bharat - Awareness Rally





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

NAME OF THE EVENT	FIT INDIA MOVEMENT LIVE TELECAST
DATE OF THE EVENT	29.08.2019
ORGANIZED BY	NATIONAL SERVICE SCHEME (NSS)
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	2765

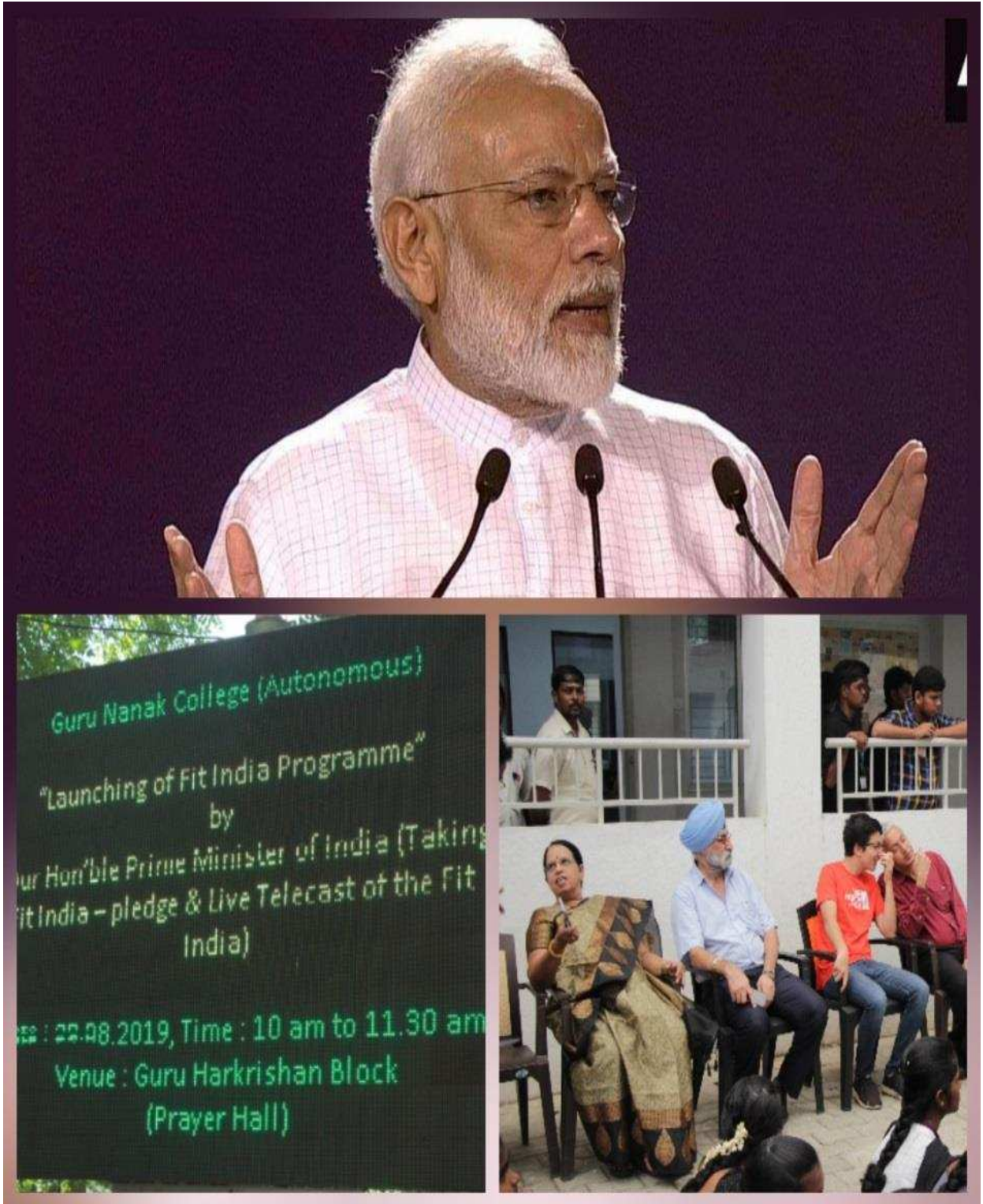
### **REPORT**

Guru Nanak College (Autonomous), NSS Unit arranged for all our college students and faculty to view the live Telecast of the launching of fit India movement program by our Honourable Prime Minister of India **Mr. Narendra Modi**, on 29.08.2019 from 10.00am to 11.30am on **Doordashan** Channel. All students and staff members took the fitness pledge during the launching of Fit India movement.

Our General Secretary & Correspondent, Sardar Manjit Singh Nayar, graced the programme by his presence. Our Principal, Dr. M.G. Ragunathan's role was instrumental in organization of such a grand programme. More than 3000 staff and students of Guru Nanak College assembled in different places on our campus and took the pledge to be fit forever. Every one promised to themselves that they will devote time for physical activity and sports every day and will encourage their family members and neighbours to be physically fit and make India a fit Nation be fit for ever. Every one promised to themselves that, we will devote time for physical activity and sports every day and will encourage their family members and neighbours to be physically



## Prime Minister Fit India Moment Live Telecast Being Viewed At College Campus





**Fit India Moment Live Telecast Being Viewed At College Campus and Fitness Pledge Being Taken by Staff and Students**





## Students Viewing the Live Telecast of Fit India Moment At College Campus





# **GURU NANAK COLLEGE(AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL SERVICE SCHEME**

<b>NAME OF THE EVENT</b>	<b>CALL OF CAUVERY - MASS HUMAN CHAIN</b>
<b>DATE OF THE EVENT</b>	<b>03.09.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK SALAI</b>
<b>NO. OF PARTICIPANTS</b>	<b>400</b>

### **REPORT**

To support the “Call of Cauvery - Cauvery Kookural”, team NSS took active participation and organized human chain formation with 400 volunteers and programme officers. Our Principal, Dr. M.G.Ragunathan headed the programme. The presence of faculty members, NSS Programme Officers and our NSS volunteers made the moment more meaningful.



**Principal, Dr. M.G.Ragunathan Flagging off The Call Of Cauvery - Mass Human Chain Rally At Guru Nanak Salai**





**Participants at The Call Of Cauvery - Mass Human Chain Rally At Guru Nanak Salai  
Organised by NSS**





**Participants at The Call Of Cauvery - Mass Human Chain Rally At Guru Nanak Salai Organised by NSS**





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL SERVICE SCHEME

<b>NAME OF THE EVENT</b>	<b>NUTRITION - SEMINAR CUM EXHIBITION</b>
<b>DATE OF THE EVENT</b>	<b>03.09.2019</b>
<b>ORGANIZED BY</b>	<b>NATIONAL SERVICE SCHEME (NSS)</b>
<b>PLACE OF THE EVENT</b>	<b>GURU NANAK COLLEGE</b>
<b>NO. OF PARTICIPANTS</b>	<b>200</b>

### **REPORT**

Our NSS volunteers actively participated in the seminar on balanced diet and nutrition through skit based on the impact of junk and modern foods. The skit also brought forth the advantages of nutritious food. Students from various departments also actively took part in the programme. Stalls were set to exhibit varieties of traditional food based pulses and cereals. Poster presentation by students were organized. Dr. M.G. Rangunathan, Our Principal, graced the programme by his wonderful presence. Most of the students and Faculty members of Guru Nanak College visited the stalls.



**Principal, Dr. M.G. Ragnathan, Staff And Public At Nutrition - Seminar and Exhibition  
Organised By NSS**





**Staff And Students At Stalls of Nutrition - Seminar and Exhibition Organised By NSS**





### Skits by NSS Volunteers During Nutrition - Seminar and Exhibition





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS REPORT 2019-2020





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	CAUVERY AWARENESS
DATE OF THE EVENT	03. 09. 2019
ORGANIZED IN ASSOCIATION WITH	1 TN BATTERY
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	80

### REPORT

The National Cadet Corps (army wing) in association with 1TN Battery NCC conducted an event on “CAUVERY AWARENESS” on 3<sup>rd</sup> September 2019. All the cadets and NSS volunteers of GURU NANAK COLLEGE participated and made a human chain and spoke about the importance of water. Dr. P. Rajan, NCC officer along with our principal Dr. M. G. Ragunathan addressed the cadet and civilians at the end of the event.

**Principal - Dr. M. G. Ragunathan, NCC Officer- Dr. P.Rajan, . National Cadet Corps, NSS Volunteers at “Cauvery Awareness” Rally**









# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	SEED BALL MAKING ACTIVITY
DATE OF THE EVENT	21. 09. 2019
ORGANIZED IN ASSOCIATION WITH	1TN BATTERY NCC
PLACE OF THE EVENT	GURU NANAK COLLEGE (Autonomous)
NO. OF PARTICIPANTS	96

### REPORT

The National Cadet Corps (Army Wing) in association with 1TN BATTERY NCC and NSS Guru Nanak college organized the seed ball making event where more than 500 students joined together (96 NCC students participated) and made around 1,00,000 seed balls followed by planting of trees by the cadets of NCC. The NCC officer Dr. P. Rajan took part and discussed the importance of planting of more trees.

**NCC And NSS Volunteers Making Seed Ball During Event Organised By National Cadet Corps (Army Wing) In Association With 1TN BATTERY And NSS Guru Nanak College**



**Planting the Seed Balls**





### Planting the Seed Balls





# **GURU NANAK COLLEGE (AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **NATIONAL CADET CORPS**

<b>NAME OF THE EVENT</b>	<b>AWARENESS ON FIT INDIA TO SCHOOL CHILDREN</b>
<b>DATE OF THE EVENT</b>	<b>04. 12. 2019</b>
<b>ORGANIZED IN ASSOCIATION WITH</b>	<b>1TN BATTERY NCC</b>
<b>PLACE OF THE EVENT</b>	<b>CHENNAI CORPORATION SCHOOL, MADUVANKARAI</b>
<b>NO. OF. PARTICIPANTS</b>	<b>93</b>

### **REPORT**

The National Cadet Corps (army wing) in association with 1TN Battery NCC, conducted an event for school students, where all the NCC cadets participated and made the school kids aware about importance of being physically and mentally fit, by taking seminar in class. 100 school children benefited and learnt how to keep themselves fit.



**Fit India Seminar At Chennai Corporation School, Maduvankarai Orgnaised by National Cadet Corps (Army Wing) In Association With 1TN Battery NCC**



**NCC Cadets at Fit India Seminar At Chennai Corporation School, Maduvankarai**



**NCC Cadets and School Staff At Chennai Corporation School, Maduvankarai**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	KEEP THE CITY GREEN AND CLEAN
DATE OF THE EVENT	08. 12. 2019
ORGANIZED IN ASSOCIATION WITH	1 TN BATTERY
PLACE OF THE EVENT	GURU NANAK SALAI
NO. OF PARTICIPANTS	80

### REPORT

The National Cadet Corps (army wing) in association with 1TN BATTERY NCC conducted a cleaning activity on “**KEEP THE CITY GREEN AND CLEAN**” on 8<sup>th</sup> December 2019 where **80** NCC cadets cleaned the nearby bus stops and foot paths and collected 20 bags of waste and disposed it properly and they also made public realize the importance of proper disposal of wastes.

**National Cadet Corps Cleaning Areas Near Bus Stops And Foot Paths During “Keep The City Green And Clean” Event Organised By National Cadet Corps (Army Wing) In Association With 1TN Battery NCC**



**National Cadet Corps Collecting Garbage During “Keep The City Green And Clean” Event**





**National Cadet Corps With Waste Collected During “Keep The City Green And Clean”  
Event**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	BLOOD DONATION CAMP
DATE OF THE EVENT	12. 12. 2019
ORGANIZED IN ASSOCIATION WITH	1TN BATTERY NCC AND NSS UNIT
PLACE OF THE EVENT	GURU NANAK COLLEGE CAMPUS
NO. OF PARTICIPANTS	85

### REPORT

The National Cadet Corps (Army Wing) in association with 1TN Battery NCC and NSS Unit conducted **Blood Donation Camp** on 12<sup>th</sup> December 2019 where NCC cadets provided service for the blood donors and 85 of our cadets donated blood. About 700 blood donors including the students and staff members came ahead to donate their blood. Besides our NCC Officer Dr. P. Rajan along with the NSS coordinators organized the event and made it a great success.



**NCC Officer Dr. P. Rajan Along With Cadets and NSS Coordinators At Blood Donation Camp Organised By National Cadet Corps (Army Wing) In Association With 1TN Battery NCC And NSS Unit**



**Vitals Being Checked Before Blood Donation**



### **Cadet Donating Blood at Blood Donation Camp**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	LIBRARY CLEANING ACTIVITY
DATE OF THE EVENT	24. 12. 2019
ORGANIZED IN ASSOCIATION WITH	1TN BATTERY NCC
PLACE OF THE EVENT	CONNEMARA LIBRARY
NO. OF PARTICIPANTS	60

### **REPORT**

The National Cadet Corps (army wing) in association with 1TN Battery NCC organized a **library cleaning** event at CONNEMERA library on 24<sup>th</sup> December 2019 where our cadets participated sincerely in cleaning of library and allocation of books in respective shelves.

**Connemera Library Cleaning Event by National Cadet Corps (Army Wing) In Association With 1TN Battery NCC**



**Rooftop of Connemera Library Being Cleaned by National Cadet Corps (Army Wing)**





**Connemera Library Being Cleaned by National Cadet Corps (Army Wing)**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## NATIONAL CADET CORPS

NAME OF THE EVENT	ENVIRONMENT SAFETY
DATE OF THE EVENT	25.12. 2019
ORGANIZED IN ASSOCIATION WITH	1TN BATTERY NCC
PLACE OF THE EVENT	ST. THOMAS CHURCH
NO. OF PARTICIPANTS	50

### REPORT

The National Cadet Corps (army wing) along with 1TN Battery NCC had organized an event to create awareness among public on “ **ENVIRONMENT SAFETY**”. About 50 cadets performed a mime play on 25<sup>th</sup> December 2019 on the importance of environment safety.

#### **National Cadet Corps (Army Wing) Along With 1TN Battery NCC At “ Environment Safety” Event In St. Thomas Church**





**Mime Play On “ Environment Safety” By National Cadet Corps (Army Wing) Along With  
1TN Battery NCC In St. Thomas Church**





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## WOMEN STUDENTS' FORUM

2019-2020





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## WOMEN STUDENTS' FORUM

### 'Guru Sakthi'

EVENT TITLE	ORIENTATION FOR FRESHERS , TALK ON-LEGAL RIGHTS	
CATEGORY	UG/PG STUDENTS, STAFF	
DATE	8 <sup>TH</sup> AUGUST 2019	
NO. OF RESOURCE PERSON	1	
NO. OF PARTICIPANTS	200	

### REPORT

Women Students' Forum of Guru Nanak College(Autonomous) Velachery, organised orientation programme for freshers on the topic "Legal Rights" of women in society on 8th August 2019. Ms. Adhilakshmi Logamurthy, Advocate High Court was the chief guest. Dr.K.Umadevi WSF Staff Co-ordinator welcomed the gathering and introduced the guest to the audience. The chief guest addressed the gathering throwing light on legal rights of women, facing harassment in work place, public nuisance, domestic violence etc. the girls had a very good interaction with the guest. Vice Principal Student Affairs, Shift I Dr. L.R.S. Kalanithi also shared her inputs on women power, rights and the disciplined that students has to adhere etc. More than 200 women students and women faculty members participated and were benefitted through this program.

**Invitation Copy**



**GURU NANAK COLLEGE (AUTONOMOUS)**  
(RE- ACCREDITED AT 'A' GRADE BY NAAC)  
AFFILIATED TO UNIVERSITY OF MADRAS  
VELACHERY, CHENNAI - 600 042

**WOMEN STUDENTS' FORUM**

**cordially invite you for the**  
**Inauguration**  
**&**  
**Orientation for the freshers**  
**on 8<sup>th</sup> August 2019, Thursday, 11.00 a.m**

**Chief Guest**  
**Mrs. ADHILAKSHMI LOGAMURTHY**  
Advocate, High court

**Dr. K. UMADEVI**  
STAFF CO-ORDINATOR, WSF

**Dr. L. R. S. KALANITHI**  
VICE PRINCIPAL  
(STUDENT EXTENSION ACTIVITIES)  
SHIFT - I

**Dr. M. G. RAGUNATHAN**  
PRINCIPAL



**Orientation For Freshers And Talk On-Legal Rights By Ms. Adhilakshmi Logamurthy,  
Advocate High Court Organised By Womens Students Forum**



**Orientation For Freshers And Talk On-Legal Rights By Ms. Adhilakshmi Logamurthy,  
Advocate High Court Organised By Womens Students Forum**







## WOMEN STUDENTS' FORUM

### 'Guru Sakthi'

EVENT TITLE	INAUGURAL FUNCTION OF WSF (SHIFT-II)	
CATEGORY	UG/PG STUDENTS, STAFF	
DATE	8 <sup>TH</sup> AUGUST 2019	
NO. OF RESOURCE PERSON	1	
NO. OF PARTICIPANTS	250	

### REPORT

Women Students' Forum – Shakti organised an orientation program for the Women Students of Shift II on 8<sup>th</sup> August 2019. Ms. Sumathi Srinivas, CEO, The Twilite Group & Woman Entrepreneur was the Chief Guest. In her address, she stressed on how important it is for every woman to be confident and fearless in order to face the challenges in the society. Dr. Gunita Arun Chandhok, Vice Principal Shift II motivated the students to become achievers in their chosen field of interest. Around 250 students participated in the interactive session.

**Chief Guest Ms. Sumathi Srinivas, CEO, The Twilite Group & Woman Entrepreneur At  
Inaugural Function Of WSF (Shift-II)**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## WOMEN STUDENTS' FORUM


### ‘Guru Sakthi’

NAME OF THE EVENT	“AWARENESS PROGRAM ON ADOLESCENT HEALTH PROBLEMS”
DATE OF THE EVENT	17-09-2019
ORGANIZED IN ASSOCIATION WITH	IN ASSOCIATION WITH KASTURBA GANDHI GOVERNMENT HOSPITAL FOR WOMEN AND CHILDREN, CHENNAI
PLACE OF THE EVENT	GURU NANAK COLLEGE
NO. OF PARTICIPANTS	800
RESOURCE PERSON(S)	5


### REPORT

Women Students' Forum of Guru Nanak College(Autonomous) Velachery, organised a mega program on “Awareness Program on Adolescent Health Problems”, on 17<sup>th</sup> September 2019. The program was organised in association with Kasturba Gandhi Government Hospital for Women and Children, Chennai. Four Eminent Doctors namely Dr. S.Vijaya, Dr. A. Geethalakshmi, Dr. M. Meena, Dr. T.K. Shanthi Guna Singh shared their expertise on Sexual abuse, Menstrual disorders in Adolescents, Adolescent PCOS and Anaemia and Vaccines in Adolescents respectively. Principal Dr. M.G.Ragunathan, Vice Prinicipal Shift II Dr. Gunita Arun Chandhok, Vice Principal Student Affairs, Shift I Dr. L.R.S. Kalanithi, graced the occasion. More than 800 women students and women faculty members participated and benefitted through this program.

## INVITATION



**Women Students' Forum  
of  
Guru Nanak College**  
Velachery, Chennai



in  
Association with  
Government Kasturba Gandhi Hospital  
for Women and Children,  
Triplicane, Chennai

**Invites you to**  
*Awareness program on*  
*"Adolescent Health Problems"*

**GUEST SPEAKERS**

<b>Dr. S.Vijaya :</b> Sexual Abuse	<b>Dr.A.Geethalakshmi :</b> Menstrual disorders in Adolescence
<b>Dr.M.Meena:</b> Adolescent PCOS and Anemia	<b>Dr.T.K.Shanthi Guna Singh:</b> Vaccines in Adolescents

**DATE: Tuesday , 17th Sept, 2019**

**Time: 11:00 a.m.      Venue: Shaheed Baba Deep Singh Auditorium**

<b>Ms. R.Radhika</b> Staff Co-ordinator Women Students' Forum Shift - II	<b>Dr.K.Umadevi</b> Staff Co-ordinator Women Students' Forum Shift - I	
<b>Dr. Gunita Arun Chandhok</b> Vice Principal Shift-II	<b>Dr. L.R.S.Kalanithi</b> Vice Principal Shift-I Student Affairs	<b>Dr.M.G.Ragunathan</b> Principal

**Awareness Program on Adolescent Health Problems organised by WSF In association with  
Kasturba Gandhi Government Hospital for Women and Children, Chennai**





## Media Coverage Of Awareness Program On Adolescent Health Problems



## Students Airing Their Opinion on Awareness Program On Adolescent Health Problems





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velacherv. Chennai – 600042.

## WOMEN STUDENTS' FORUM

### ‘Guru Sakthi’

<b>NAME OF THE EVENT</b>	AWARENESS OF “ KAVALAN APP”
<b>DATE OF THE EVENT</b>	17-09-2019
<b>ORGANIZED IN ASSOCIATION WITH</b>	IN ASSOCIATION WITH <b>GREATER CHENNAI CORPORATION</b>
<b>PLACE OF THE EVENT</b>	GURU NANAK COLLEGE
<b>NO. OF PARTICIPANTS</b>	850
<b>RESOURCE PERSON(S)</b>	2

### REPORT

Women Students’ Forum of Guru Nanak College (Autonomous) Velachery, Awareness of KAVALAN APP in Association with Greater Chennai Corporation was organized and Mrs.C.Maheswari I.P.S MR.Pakalavan I.P.S were the Chief Guests. The General Secretary and Correspondent and the Principal inaugurated the event. They highlighted on how to use, purpose of the app, benefits of the App etc and all staff members and girl students installed the app.

**Dignitaries at Awareness of Kavalan App Event organised by Women Students' Forum in Association with Greater Chennai Corporation**



**Chief Guests Mrs.C.Maheswari I.P.S , Mr.Pakalavan I.P.S , General Secretary And Principal At The Awareness Of Kavalan App**







## WOMEN STUDENTS' FORUM

### ‘Guru Sakthi’

EVENT TITLE	INAUGURATION OF SCALE UP WOMEN PROGRAMME FOR 1000+WOMEN TO START / SCALE UP BUSINESS	
CATEGORY	UG/PG STUDENTS, STAFF MEMBERS.	
DATE	FROM : 06/03/2020	TO :06/03/2020
NO. OF RESOURCE PERSON	7	
NO. OF PARTICIPANTS	1086	

### REPORT

Guru Nanak College Women forum celebrated the International Women's Day on 6<sup>th</sup> March 2020 at Shaeed Baba Deep Singh Auditorium. Inauguration of Scale Up Women Programme for 1000+women to start / scale up business in Association with WLF (Women League Forum) was organized . The General Secretary & Correspondent , Mr.Manjit Singh Nayar, Principal, Dr.M.G.Ragunathan, Adviser Dr, Marlene Morais along with Women Staff co-ordinators Dr.Umadevi and Mrs. Radhika inaugurated the event.

The Chief Guest - Ms. Apsara Reddy, National General Secretary, All India Mahila Congress, delivered the inaugural address and appreciated the initiative to scale up women entrepreneurship at students and societal level. Ms. Divya Swapna Raj, Founder WLF and Speakers from various fields spoke on entrepreneurship and various job opportunities available for women today. The women students also displayed over 70 stalls and sold a number of food items and apparels.

The proceedings of the event were telecasted live in News 7 channel and other local channels.

.

## Invitation



**Ms. Apsara Reddy, National General Secretary, All India Mahila Congress At  
Inauguration Of Scale Up Women Programme Organised by WSF In Association With  
Women League Forum**



**Media Coverage of Scale Up Women Programme**





### Media Coverage of Scale Up Women Programme



### Media Coverage Of Stalls Set Up During the Scale Up Women Programme





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## WOMEN STUDENTS' FORUM

### 'Guru Sakthi'

EVENT TITLE	INTERNATIONAL WOMEN'S DAY	
CATEGORY	UG/PG STUDENTS, STAFF MEMBERS.	
DATE	FROM : 08/03/2020	TO :08/03/2020
NO. OF RESOURCE PERSON	5	
NO. OF PARTICIPANTS	900	

### REPORT

Guru Nanak College Women forum celebrated the International Women's Day on 7<sup>th</sup> March 2019 at Shaeed Baba Deep Singh Auditorium. Ms. Harleen Kaur, Ms.Nanditha Pandey, Ms.Latha Krishna, Dr. Prasanna Sivanandam, Dr. Deepa Rajesh were an array of Guests who are successful in their respective careers were felicitated and they inspired the audience by sharing their expertise. The winners of various events both staff and students were given prizes. Cultural events were displayed by students and women staff members. Adding flavor to it the Men staff also participated and performed in the International Womens' day

The activities not only benefitted the 900 women students and women staff in the campus but also other women in the public too.

**Invitation Copy**





**Inauguration of International Women's Day By Women Students' Forum  
At Shaeed Baba Deep Singh Auditorium**



**Prize Distribution to Winners of Various Competition by Chief Guests Ms. Harleen Kaur,  
Ms.Nanditha Pandey, Ms.Latha Krishna, Dr. Prasanna Sivanandam and Dr. Deepa Rajesh**



### **Cultural Programmes at International Women's Day**



### **Cultural Programmes at International Women's Day Staff and Students**





**Chief Guests, Staff Co-ordinators, Dignitaries and Students at International Women's Day**







**GURU NANAK COLLEGE(AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.



**Youth Red Cross**

**EXTENSION ACTIVITIES REPORT**

**2019 - 2020**



# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## YOUTH RED CROSS

NAME OF THE EVENT	NATIONAL LEVEL E-QUIZ
DATE OF THE EVENT	17-05-2020
ORGANIZED IN ASSOCIATION WITH	ORGANIZED BY YRC
PLACE OF THE EVENT	
NO. OF PARTICIPANTS	700 (50 YRC)
RESOURCE PERSON(S)	NIL

### REPORT

National Level E-Quiz conducted by GURU NANAK COLLEGE YRC unit. More than 700 participants (50 YRC) participated and got E- Certificate. Principal encouraged and supported the programme. The event was well organized and conducted by YRC program officers.

Certificate:







# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## YOUTH RED CROSS

NAME OF THE EVENT	INVESTITURE CEREMONY OF EXTENSION ACTIVITIES
DATE OF THE EVENT	14.8. 2020
ORGANIZED IN ASSOCIATION WITH	ORGANIZED BY GURU NANAK COLLEGE (AUTONOMOUS)
PLACE OF THE EVENT	GURU NANAK COLLEGE, VELACHERY
NO. OF PARTICIPANTS	40
RESOURCE PERSON(S)	NIL

### REPORT

Guru Nanak college organized Investiture Ceremony of Extension Activities on 14.8.2020 . 40 YRC volunteers took active participation in Ceremony. The function inaugurated by Dr.P. Kannappan principal Guru Nanak Matriculation Higher Secondary School, Our General Secretary & Correspondent Sardar Manjit Singh Nayar, our beloved Principal, Dr. M.G. Raghunathan , Dr. Gunitha Arun Chandhok, Director and inaugurated the programme .

### Investiture Ceremony of Extension Activities Organised By Youth Red Cross





# **GURU NANAK COLLEGE(AUTONOMOUS)**

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## **ENVIRO CLUB** **2019-2020**



# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

EVENT TITLE	VALEDICTORY FUNCTION OF ENVIRO CLUB	
CATEGORY	VALEDICTORY FUNCTION	
DATE	FROM :06.03.2019	TO : 06.03.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	124	

### REPORT

The Valedictory function of Enviro club was conducted on 6/3/19 at Seminar hall at 9.30 A.M. Dr. C. Arulvasu, Associate Professor, and coordinator Enviro club, Department of Zoology, University of Madras consented to be the chief guest. The Valedictory program started with the Lamp Lightening by Dr. C. Arulvasu, Associate Professor, and coordinator enviro club, Department of Zoology, University of Madras acted as a Special Guest. A large number of students from various department (both shift I and shift II) participated eagerly and showcased their innate talents, got prizes for their scintillating performances.

The Chief Guest addressed the gathering about the importance of Bio-diversity and Eco-friendly animals. Prof. Arulvasu affirmed that the Enviro Club creates a horizon where great minds meet and work together for emerging society. He described himself as an ardent lover of nature. Prof. Arulvasu is the recipient of various awards and he travelled around the world giving inspiring talks. He urged the students to develop the three skills - Observe, Absorb and Apply - to the life and achieve comprehensive success. During his mesmerizing speech, he said “practice is intelligence not learning studies; without games music & enjoyment is worthless”.



Enviro Club thanks Principal Dr. M. Selvaraj for the motivation and support and also thanks all the department heads and first-year coordinator for their support, teaching and non-teaching staff members for their help to make this event successful.

**Principal Dr. M. Selvaraj With Enviro Club Coordinators At Valedictory Function Of The Club**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

EVENT TITLE	COMMUNI TREE: "THE NORTH CHENNAI'S FIRST MAN MADE MICROFOREST"	
CATEGORY	TREE PLANTATION	
DATE	FROM: 21.12.2019	TO: 21.12.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	150	

### **REPORT :**

The CommuniTree program grew out of the need to promote tree planting, after-planting care and maintenance of trees. CommuniTree is supported by a dynamic partnership of community, industry and government agencies with the ultimate goal of creating a healthier and more diverse tree population.

Tree plantation was organized by CommuniTree in name "The North Chennai's First Man Made Micro Forest ". 150 volunteers, including residents, students and employees of various colleges came together at Moolakkothalam Play Ground, Opposite to Washermanpet Metro, Chennai on 21 December ,Saturday'19 to plant 10,000 saplings and enhance the City's green cover via an urban forest. Shri Thiru Jayakumar, Honourable Minister for Fisheries Department, TN, was the chief guest at the green drive .The saplings were planted on 14 acres. Such plantation drives not only help reduce carbon footprint, but also bolster local biodiversity.

The initiative, in partnership with The Times of India and Hero MotoCorp, is an important milestone in our Company's mission of Transforming Urban Landscapes by Creating Sustainable Communities that are environmentally responsive and resilient.

Under the Guidance of Dr. M. Gopi, HOD of Department of Plant Biology and Plant Biotechnology with 20 volunteers planted more than 50 trees. The students also placed bricks as barricades and each student took the responsibility to nourish and maintain the allocated plant. Eventually, the ground attained a glorious look. The committee decided to proceed with the same inspiration, enthusiasm and zeal to enhance the beauty of the entire Chennai city. At the end of programme there was a photo session with Honourable Minister for Fisheries Department, Co-ordinators and students.

### Invitation





**‘CommuniTree’ Program organized by Enviro Club In Partnership With The Times Of India And Hero Motocorp Being Inaugurated By Honourable Minister For Fisheries**



**Volunteers Planting Saplings In ‘CommuniTree’ Program Organized By Enviro Club In Partnership With The Times Of India And Hero Motocorp**



**“CommuniTree” Volunteers At Moolakkothalam Play Ground, Chennai**





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

EVENT TITLE	WE WANT SINGARA CHENNAI AND NOT STINKARA CHENNAI	
CATEGORY	CLEANING CAMPAIGN	
DATE	FROM :10.08.2019	TO : 10.08.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	169	

### REPORT

Guru Nanak College Enviroclub volunteers organized cleaning campaign in Elliot's Beach, Besant Nagar, Chennai as a part of the cleanliness drive (Swachh Bharat activities). On the day of Swachh Bharat at 7.00 AM inauguration was done by students and faculty members. At start of the campaign, students took pledge of cleanliness. Elliot Beach was cleaned and garbage was disposed in environmentally friendly manner.





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

<b>EVENT TITLE</b>	<b>GO GREEN INITIATIVE - TREE PLANTATION</b>	
<b>CATEGORY</b>	<b>ENVIRONMENTAL AWARENESS PROGRAM</b>	
<b>DATE</b>	<b>FROM :05.09.2019</b>	<b>TO :05.09.2019</b>
<b>NO. OF RESOURCE PERSON</b>	<b>NIL</b>	
<b>NO. OF PARTICIPANTS</b>	<b>100</b>	

### REPORT

To celebrate the 550<sup>th</sup> birth anniversary of Shri Guru Nanak Dev Ji on Teachers day, Go Green Initiative was carried out by planting sapling's on September 5<sup>th</sup> 2019. Guru Nanak College has a long standing tradition of preserving culture, heritage and flora and fauna in the campus. In order to sensitize students towards the need to preserve our environment, a Tree plantation drive was organized. The Lions Club International supported the program. The slogans for the initiative were "Each one, Plant one", "Feel free to plant a tree" and "Plant a tree and plant a hope for future". Hundred Thulasi herbal saplings were handed over to all teaching and non-teaching staff to mark the 550<sup>th</sup> Birth Anniversary of Shree Guru Nanak Devji during teacher's day celebration on 5<sup>th</sup> September 2019.

This Go-Green initiative is a step towards educating the students and staff members on the need of trees and to protect the environment. The initiative was well supported by our Principal Dr. M. G. Ragunathan, and executed by the Enviro Club Coordinators and Student volunteer's. The plants which were planted are tabulated below:

S. NO.	BOTANICAL NAME	VERNACULAR NAME
1.	<i>MUNTINGIACALABURA</i> L.	தேன்பழம் TEN PAZHAM
2.	<i>AZADIRACHTAINDICA</i> A. JUSS.	VEPPA, வேப்பை
3.	<i>SYZYGIIUMCUMINI</i> (L.) SKEELS	NAVAAL
4.	<i>VITEXALTISSIMA</i> L.F.	MAYILAADI
5.	<i>SWIETENIAMAHAGONI</i> (L.) JACQ.	MAHOGANY
6.	<i>DELONIXREGIA</i> (HOOK.)RAF.	GULMOHAR
7.	<i>BAUHINIA RACEMOSA</i> LAM.	AATTHI
8.	<i>BAUHINIA PURPUREA</i> L.	NILATTIRUVATTI
9.	<i>WRIGHTIATINCTORIA</i>	VET-PALAI,
10.	<i>PONGAMIAPINNATA</i> (L.)PIERRE	PONGAMARAM
11.	<i>MANGIFERAINDICA</i> L.	MAMARA
12.	<i>CORDIA SEBESTENA</i> L.	AECHINARUVIHL
13.	<i>FICUSGLOMERATAROXB</i>	ATHI
14.	<i>ALSTONIASCHOLARIS</i> (L.) R. BR.	MUKUMPAALAI, ஏழிலை
15.	<i>BAUHINIA VARIEGATA</i> L.	மந்தாரைMANTHARAI
16.	<i>OCIMUMTENUIFLORUM</i>	TULSI (100)

## Invitation



**Enviro Club Volunteers During the Go Green Initiative Event in Guru Nanak College Campus**



**Principal, Dr. M. G. Ragunathan, with Enviro Club Volunteers During the Go Green Initiative Event**







# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

EVENT TITLE	SEED BALL PREPARATION – SEED FOR YOUR FUTURE	
CATEGORY	ENVIRONMENTAL AWARENESS PROGRAM	
DATE	FROM :21.09.2019	TO :21.09.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	69	

### REPORT

Adding a touch of innovation into environmentalism, a group of ‘green soldiers’ have taken up an awareness campaign with the unique idea of preparing seed balls. As many as 15733 seed balls were prepared on the grounds of Guru Nanak College Campus on 21.09.2019 by students of PBPBT, AZBT, Enviroclub, NSS, NCC and NGOs volunteers for scattering in the countryside as part of their extension activity. The Event was inaugurated by college President Sardar Rajinder Singh Bhasin in the presence of Principal Dr. M.G. Rangunathan and Enviroclub Coordinators Dr. M. Gopi and Dr. S.S. Jayaraj. Dr. M.G. Rangunathan, Principal highlighted the importance of seed balls in natural farming technique which contains plant potential for an entire ecosystem. This event was held jointly by Vidiyal Charitable Trust, Rudambara Yoga trust, Annakkili Ammal Research Institute and Sevalayam NGOs.

The event introduced this ancient concept of ‘seed balls’ to a group of students, who learnt the methods and preparation of compost for the seed balls. Seed balls, also known as ‘earth balls’, consist of a variety of different seeds rolled within a ball of clay with compost and soil.

Experts say the success rate of saplings born out of seed balls tends to be high. “The seed balls are an ancient technique for propagating plants from seeds without opening up soil with cultivation tools such as a plough. This technique is used to introduce vegetation to the land by throwing or dropping seed balls by aerial reforestation.

The students sat around mounds of mixture of red soil, clay and vermi compost to make balls inserting Pungan, Vembu, Poovarasu, Eyalvaagai, Yaanaigundumani, Sarakondrai and other seeds of native species that the students had themselves collected from various parts of the district.

Increasing green cover, enlarging diversity of flora, extending size of forests, ensuring regularity of monsoons and according thrust on farming and restoration of natural resources constituted the objectives of the exercise involving a few hundred students.

Students were instructed to disperse the seed balls in their villages to make them soak in wet soil after a spell of rain during the monsoon season. Hostel students going home for weekends by buses and trains were told to disperse the seed balls en route.

Seed balls will be made in subsequent phases with the remaining stock. The Event ignited the young minds to develop an eco-friendly environment and awareness about conservation of forest among students. The Event also witnessed participation from the public and it was a grand success.

### **Invitation**



**Volunteers Of Enviro Club And NSS Preparing Seed Balls During Seed For Your Future Event  
Held At Guru Nanak College**





## Volunteers Preparing Seedballs Using Red Soil, Clay And Vermi Compost





## ENVIRO CLUB

EVENT TITLE	CAMPAIGN ON VELACHERY LAKE AND WATER BODIES CLEANING	
CATEGORY	ENVIRONMENTAL AWARENESS PROGRAM	
DATE	FROM :10.07.2019	TO : 20.07.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	15	

### REPORT

The aim of the campaign was to clean the litter around the Velachery lake and water bodies in general, elimination of water hyacinth weed and to bring the issue to the public's attention through concrete activities.

The activity also intended to inspire people to clean up beaches on a voluntary basis. In addition to motivating individuals, the intent was to motivate different kinds of clubs, hobby groups, businesses, institutions and residents' associations, school children and students, families and groups of friends, and other organizations.

### **History of Velachery lake:**

Velachery *aeri* or Velachery lake, is one of the lakes inside Chennai, in the Indian state of Tamil Nadu, with a good stock of water all through the year. Since Velachery is a low-lying area, the monsoon rain water from the neighbouring areas is drained into this lake. In an unexpected turn of events, the Chennai Corporation decided to put on hold the proposal for boat rides and other tourist facilities on the Velachery lake, one of the few water bodies still alive in the city. The reason it cited was the high level of contamination of the water.

"The water is totally contaminated and not conducive for boating. At present, storm water drain works are in progress near the lake, which we hope will put an end to illegal discharge of sewage from residential areas. So we have targeted to help the NGO to clean the lake.

The Association aims to provide guidance on environmentally conscious ways to get around on cleaning of waterways. This activities are not funded and is volunteers based activity.

We actively advise all those tress passer in and around the waterways ways to enjoy the natural surroundings in an environmentally-friendly manner.

The objective is to advise everyone on ways to navigate the waters in an environmentally-considerate and respectful way.

The 2 Project staff and project group of 15 students started their campaign from 10.07.2019 to 20.07.2019. Initially 15 students led the campaign on part time basis. At present the campaign on volunteering basis has reached 52 volunteers.

In addition to cleaning up the lake, these voluntary work events also aim to gather information about the type of litter found and types of plant in the lake. GNC EC (GNC Enviro club) has asked the teams of volunteers to report the type of litter material on the litter form created for the campaign. The reports can be returned to the campaign head by post or e-mail, or via the online form. The campaign will work throughout the year to clean the lake periodically.

The support has come mainly in the form of encouragement from the Principal and students of Guru Nanak colleges .This kind of support was very important, especially in the first year, when the campaign was being launched.

### **Volunteers For Cleaning The Velachery Lake**





## **Volunteers Cleaning The Areas Surrounding Velachery Lake**



## **Volunteers Bagging The Garbage In The Areas Surrounding Velachery Lake**





## Volunteers Cleaning The Areas Surrounding Velachery Lake



## Volunteers Cleaning The Areas Surrounding Velachery Lake





# GURU NANAK COLLEGE(AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## ENVIRO CLUB

EVENT TITLE	CAMPUS CLEANING CAMPAIGN	
CATEGORY	ENVIRONMENTAL AWARENESS PROGRAM	
DATE	FROM :21.08.2019	TO : 21.08.2019
NO. OF RESOURCE PERSON	NIL	
NO. OF PARTICIPANTS	12	

### REPORT

Guru Nanak College is one such green space located in Chennai. Our College Environment with sylvan groves and salubrious atmospheres sets perfect ambience for the study of nature naturally. The major objective of the campaign was to familiarize the students with the flora and ecology of the region and to acquaint them with the importance of plants and the threats these ecosystems face due to natural and anthropogenic pressures.

The campaign will provide a safe, clean, a friendly and caring environment. It improves hygiene level in campus and also helps to reduce the spread of sickness. A group of 10 students were accompanied by two staff members for cleaning entire college campus on 21.07.2019. They collected plastics bottles, polythene bags from our college campus to make it plastic free environment



### **Volunteers with Garbage Bags During Campus Cleaning Campaign**



### **Volunteers Collecting Plastic Wastes During Campus Cleaning Campaign**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB 2019-2020



# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB

NAME OF THE EVENT	<b>COOKING WITHOUT FIRE</b>
DATE OF THE EVENT	<b>11-03-2020</b>
PLACE OF THE EVENT	<b>NEW BUILDING T3</b>
NO. OF PARTICIPANTS	<b>50</b>
RESOURCE PERSON(S)	<b>JUDGES FROM VARIOUS DEPARTMENT JUDGED THE EVENT</b>

### **REPORT**

Citizen Consumer Club of Guru Nanak College conducted Cooking without Fire Competition on 11 March 2020. 50 students participated in the event and made innovative and delicious dishes without fire. The competition was judged by staff from various departments and prizes were given to students with best dishes.



**Dish Being Presented To The Judges During The Cooking Without Fire Event**



**Dish Being Presented To The Judges During The Cooking Without Fire Event**





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB

NAME OF THE EVENT	STATE LEVEL ORATORICAL COMPETITION (i) CONSUMERS AND STANDARDS (ii) CONSUMERS AND AGMARK PRODUCTS
DATE OF THE EVENT	20-12-2019
PLACE OF THE EVENT	YMCA AUDITORIUM
NO. OF PARTICIPANTS	100 INSIDE AND 500 OUTSIDE

### REPORT

Citizen Consume Club of Guru Nanak organized Oratorical competitions conducted in English and M. N.Vishnu Priya III yr. B. A. economics 'A', Guru Nanak College secured I prize and Siddarth Shankar of II yr. B. A. Economics 'A' Guru Nanak College secured II Prize.

Citizen Consume Club of Guru Nanak organized Oratorical competitions conducted in Tamil . S. Prasanna Saraswathi, I yr. M.A. Economics ,Guru Nanak College secured I prize and J. Soniya of I yr. M.A. Economics, Guru Nanak College secured II Prize.

## State Level Oratorical Competition At YMCA Auditorium In Progress







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB

NAME OF THE EVENT	ESSAY WRITING
DATE OF THE EVENT	11-03-2020
PLACE OF THE EVENT	NEW BUILDING T6
NO. OF PARTICIPANTS	50

### REPORT

The competition was held at inter-departmental level in Guru Nanak College. Nearly 50 students were participated in the competition. The students participated enthusiastically and wrote very lucidly.

#### Inter Departmental Essay Writing Completion Under Progress





# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB

NAME OF THE EVENT	CREATION OF WEALTH FROM WASTE
DATE OF THE EVENT	11-03-2020
PLACE OF THE EVENT	NEW BUILDING T4
NO. OF PARTICIPANTS	50
RESOURCE PERSON(S)	JUDGES FROM VARIOUS DEPARTMENT JUDGED THE EVENT

## REPORT

The competition was held at inter-departmental level in Guru Nanak College on 11 March 2020. The time given was one hour. 50 students participated in the competition. They used various waste materials to make art.

**Wall Hangings Made From Waste By Student And Being Evalauted By Judge During  
Creation Of Wealth From Waste Event organised by Citizen Consumer Club**



**Student Eagaged In Creating Art From Waste Paper During Creation Of Wealth From  
Waste Event**







# GURU NANAK COLLEGE (AUTONOMOUS)

Affiliated to University of Madras and Re-Accredited at "A" Grade by NAAC  
Guru Nanak Salai, Velachery, Chennai – 600042.

## CITIZEN CONSUMER CLUB

NAME OF THE EVENT	<b>AWARENESS PROGRAM ON AGMARK QUALITY CERTIFICATION</b>
DATE OF THE EVENT	<b>20-08-2019</b>
ORGANIZED IN ASSOCIATION WITH	<b>SEMINAR CUM EXHIBITION IN ASSOCIATION WITH MINISTRY OF AGRICULTURE &amp; FARMERS WELFARE, GOVERNMENT OF INDIA, &amp; DIRECTORATE OF MARKETING &amp; INSPECTION</b>
PLACE OF THE EVENT	<b>GURU RAMDAS HALL</b>
NO. OF PARTICIPANTS	<b>200</b>
RESOURCE PERSON(S)	<b>CHIEF GUEST: MR.K.HARISH, SENIOR MARKETING OFFICER, DIRECTORATE OF MARKETING &amp; INSPECTION, GOVERNMENT OF INDIA</b> <b>MR.M. SELVARAJ, FEDCOT, CHAIRMAN, INDIA</b> <b>MR.JOSEPH DOMINIC, EXECUTIVE SECRETARY, FEDCOT, INDIA</b>

### REPORT

The program was organized Citizen Consumer Club in association with Ministry of Agriculture & Farmers Welfare, Government of India, Directorate of Marketing & Inspection, Government of India, FEDCOT India & Guru Nanak College (Autonomous) at Guru Ramadas Seminar Hall on 20th August 2019 at 11.00a.m. The Chief Guests were Mr. M.Selvaraj, Chairman, FEDCOT, Mr. K.Harish Senior Marketing Officer and Mr.P.Joseph Dominic Executive Secretary, FEDCOT. The Seminar enlighten the participants, the importance of quality , Agmark and procedure to obtain Agmart certification.

## **INVITATION**



Ministry of Agriculture & Farmers Welfare, Government of India,

Directorate of Marketing & Inspection, Government of India,

FEDCOT India &

Guru Nanak College (Autonomous)

(Re-accredited at 'A' Grade by NAAC

Guru Nanak Salai, Velachery, Chennai – 600042.

Jointly Organizing

### **Awareness program on Agmark Quality Certification**

Co-ordinated by:

Citizen Consumer Club of Guru Nanak College.

#### **Chief Guests**

**M.Selvaraj**

Chairman, FEDCOT

**K.Harish**

Senior Marketing Officer

**P.Joseph Dominic**

Executive Secretary, FEDCOT

Directorate of Marketing & inspection

**Venue: Pavilion, Guru Nanak College, Guru Nanak Salai, Chennai**

**Date: August 20<sup>th</sup>, 2019, @ 10. A.M.**

***Dr.M.G.Ragunathan***

***Principal***

***Sardar Manjit Singh Nayar***

***General Secretary & Correspondent***

***Dr.S.Amirthalingam***

***Coordinator, Shift-II***

***Dr.N.Malathi***

***Coordinator, Shift-I***

**Principal, Dr. M.G.Ragunathan Inaugurating the Awareness program on Agmark Quality Certification Along With Chief Guests**



**Principal, Dr. M.G.Ragunathan Addressing the Participants**

